

Pop up service at RESTART (during drop-in)

Date (Friday)	Pop up	Details	Chat to
7 & 14 June	Voter registration	Convos, info, help registering to vote should you need to, ahead of the upcoming general election	Nathan
21 June	Laptop use	Borrow a laptop and receive support if need. 3-5 people at a time	Ashleigh / Paula
28 June	Sign up	If interested, put your name down for summertime workshops and programmes we have on for you	
5 July	Sign up	Same sign up as above for summer	
12 July	Haircuts	Haircuts appts with Haircuts4Homeless crew	Reception
19 July	Mental health support	Have questions, queries? Ask us and learn more about the support we can offer	Paula
26 July	Physical health support	Find out more about social prescribers, GPs, dental surgeries and physical health services locally	

Summer sessions at RESTART (pre drop-in)

Date (Friday)	Session	Details	Sign up with
7 June	Mind	5pm-6pm. A calm guided workshop led by Mind mental health charity to help increase reflection and understanding of key mental health practices and coping techniques.	Paula
14 June	Laptop use	4pm-6pm. Borrow a laptop and receive support if need eg with your CV, cover letter, other work or formal docs. Max 6 people	Ashleigh / Paula
19 July	Women & Money	4-6pm. The Money Charity are coming in to deliver an exclusive workshop for women. This interactive tailored session covers how to manage money well, practical tips with a handy Money Manual guide to walk away with. Small voucher available for attendees	Any of the team
26 July	Summer Resources Fair	4-6pm. A summer resource fair to help with any warm weather. Donations and items eg sunscreen, caps, backpacks, toiletries	Any of the team
2 August	Therapy dogs	Four adorable Therapy Dogs are coming to see us at the church for a fun and calming petting experience. Pics below of one very cute chap, Fred, in his Chelsea Pensioner's uniform! Max 15 ppl	Any of the team

Date (Friday)	Session	Details	Sign up with
Rest of August (9, 16, 23, 30)	TBC	<p style="text-align: center;">Opportunity for:</p> <ul style="list-style-type: none"> • Only a Pavement Away team to join us (hospitality jobs and confidence booster session) • Coproduction champions from Expert Link <p style="text-align: center;">and/or</p> <ul style="list-style-type: none"> • Coffee skills course - two professional coffee making lessons with barista expert Jon from The Institute of Coffee (who runs hundreds of sessions and competitions around the world). This course will be off site but nearby in South Kensington - where the coffee machines are based and is specially on offer to Restart guests. For this, please sign up with us asap and we will be able to book Jon :) <p style="text-align: center;">Let us know what and when works for you and we'll confirm these final sessions and dates.</p> <p style="text-align: center;">Equally, if there's something else you're after, have an idea about or need support with, let us know and we'll do our best to accommodate.</p>	Olivia / Nathan

#mind

